

Tunturi Routes App



General

For a more variety and a more challenging workout you can pair Tunturi trainers to the Tunturi Routes App. With this app it's possible to climb the Alpe d'Huez, do some side-seeing in Barcelona. You can select the videos that you want to exercise. You can join a group session with an instructor who will guide you through the training.

How to make a connection with the a treadmill and the Tunturi Routes App.

- Turn on the trainer.
- Turn on your Bluetooth on your smart-phone or tablet.
- Open the Tunturi Routes App and go to more Options.
- Select equipment manager.
- Here is a list of all the trainers that you have made a connection with.
- Press + sign. Now you can add a new trainer to the list.
- Its asking add new machine or add a new sensor.
- Add new machine.
- Select machine model Treadmill.
- You don't need to select the manufacture like in the Kinomap App.
- Now you can directly select the model name that you want to connect to the Tunturi Routes App.
- Now you can select the correct treadmill by select the trainer (code on the front of the display).
- Now select the training that you want to start.
- Put your smart-phone or tablet on the trainer. (Tablet holder)
- Now press the start button on the treadmill. You will hear a beep and the countdown will start to begin the training.

Now the trainer is connected to the Tunturi Routes App.

How to train with the Tunturi Routes App using a sensor.

** If machines don't have Bluetooth or not suitable to connect with the Tunturi Routes App, you can use the option Sensor. This option will register the movement/cardans of a sensor that you can connect to the app**

This is not a controlled connection with the trainer.

- Turn on the trainer.
- Turn on your Bluetooth on your smart-phone or tablet.
- Open the Tunturi Routes App and go to more Options.
- Select equipment manager.
- Here is a list of all the trainers that you have made a connection with.
- Press + sign. Now you can add a new sensor to the list.
- Its asking add new machine or add a new sensor.
- Choose for the option Sensor.
- Now you can select different Bluetooth sensors like cardans sensor or heart rate sensor.
- Now put your Smartphone or Tablet on the trainer and start your training.

This is not a connection with the trainer but with the Tunturi Routes App and the selected sensor.

Options / Features of the Tunturi Routes App

- Videos 10 movies are available in the free version of the Tunturi Routes App.
- Coaching (indoor video training)
- Interval training (different training schedules)
- Realtime training available once in a week. Train in real time with a coach.
- Group sessions available train with other people in a group event.
Need to set notification on in the Tunturi Routes App.
- The Tunturi Routes App can be used on 2017 models like bike, recumbent bike and cross trainer models (Treadmill only with sensor)

Most common problems with connecting:

Note that the connection with the trainer can only be made by using the Tunturi Routes App. When you have made a connection with your smart phone or tablet directly (by using the settings). Then you need to disconnect this by remove the connection in the setting menu of the Bluetooth of tablet or smart-phone. Always make the connection with the trainer by using the Tunturi Routes app and add the trainer to your list.

See how to make a connection.

No Bluetooth signal from trainer:

When you want to connect to the trainer by using the Tunturi Routes App and the App cannot find a Bluetooth signal (keeps on searching for a signal). Then the best thing to do is to check if the display is sending a Bluetooth signal. You can do this by go to the settings of the smart-phone or tablet and go to the Bluetooth settings. Here you can see a list of all the available Bluetooth devices near you. On the back of the F40, E50, E60 trainers there is a code. This code should be displayed in your list of Bluetooth devices. If not then the Bluetooth module inside of the display is defect. The best thing is to replace the console for a new one. Please contact the service department.

During a selected training

When you are in a training you can adjust the tension of the training that you are doing only with bike and cross. You have the plus and minus on your screen. If the resistance is to much you can adjust this in the App. You can see the profile of the training and select by pressing the window open for the interval and an overview of the complete training. You can maximize and minimize this.

Connecting with 80-series E80 E80R C80 C85

For making a connection with the E80 E80R C80 C85 you need to turn on the Bluetooth. You go to the start screen and select Bluetooth. When you press this the Bluetooth will be turned on. Now you can connect the Tunturi Routes App with the trainer. Note that the name of the connection in on the screen of the display and not on the back of the displays like the F40, E50 and E60.

Treadmills from 2017

You can use the Fit+ App to make a connection with the 2017 treadmills. Like T40 T50 T60. Here with these trainers you need to set the Bluetooth on by pressing the Bluetooth icon on the display. If the app don't show the Bluetooth of the trainer then check the next. In the Fit+ App you need to go to the settings to and box the BLE icon.

Then the treadmill will appear in the list when you want to make the connection.